

# Precision Medicine Transforming Healthcare

## Prof Sir Mark Caulfield

### Vice Principal for Health



# Disclosures

Seconded from Queen Mary to be Chief Scientist for Genomics England a Department of Health and Social Care company 2013-21 – received usual salary

Helped multiple countries with Genomic Projects (unpaid)

UK-France Genomique Programme – 3 m Euros 2016-2021 (Department of Health)

Advised UAE on the Emirates Genome Project (paid consultancy – 2022)

UK-Qatar Genomic Health Alliance (funded by UK Foreign and Commonwealth Office £750K over 3 years)

MRC Council Member (£6K per year) – Chair of Longitudinal Cohorts Review (unpaid 2025)

Non-Executive Director of Barts Health and Barking Havering and Redbridge NHS Trust (£20K/annum from NHS England (2022 onward)



# The origin of the 100,000 Genomes Project



# The 100,000 Genomes Project in numbers



Over **100,000** genomes



Over **97,000** patients and family members

110001010101001010100101010000101  
110110111010101010001011101000101  
110101010001001101010001010100010  
001001001110010001000010101010100  
100111101100101010110101111001101

**40** Petabytes of data.  
1 Petabyte of music would take 2,000 years to play on an MP3 player.



**13** Genomic Medicine Centres, and  
**98** NHS Trusts within them were involved in recruiting participants



Around **5,000** NHS staff  
(doctors, nurses, pathologists, laboratory staff, genetic counsellors)



Over **3,000** researchers and trainees

03 September 2025

20%-25% diagnoses in rare diseases

25% influenced cancer care

Participants heavily engaged

Trusted Research Environment  
Acts as a reading library

Analytical pipeline development  
Workforce development

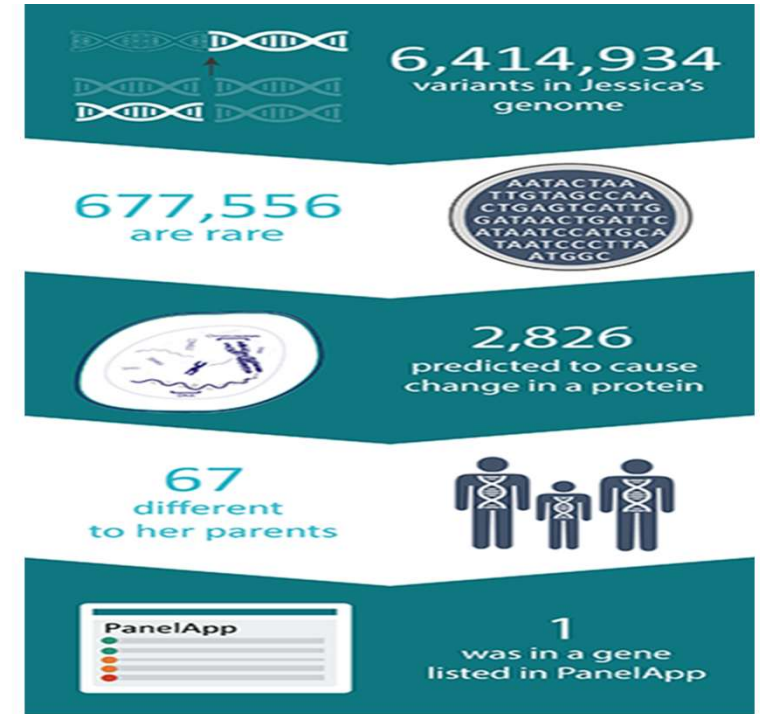
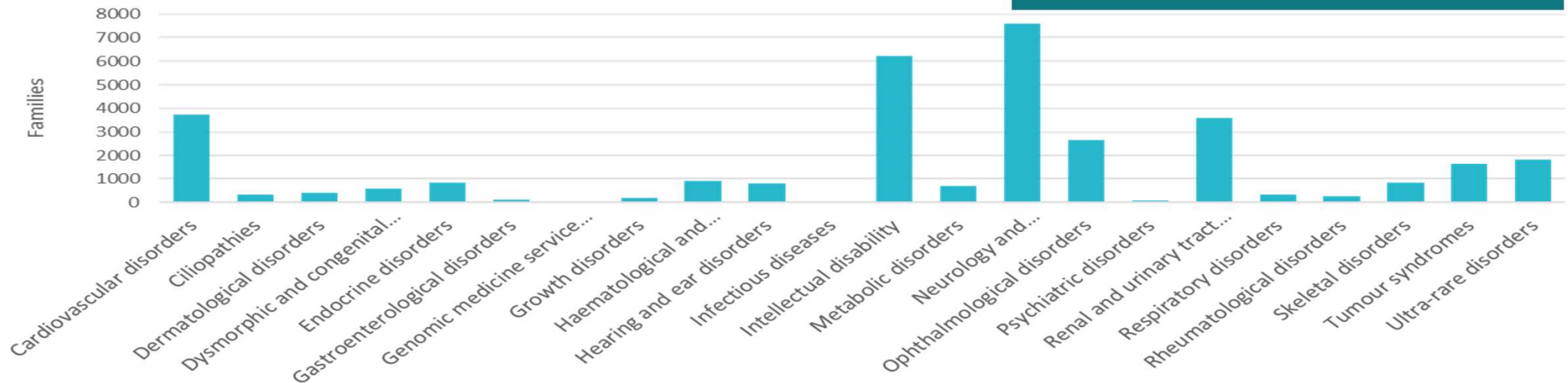
400 molecular fresh tissue  
pathology pipelines/ care pathways

Available to researchers from 33 countries & industry  
90,178 people  
Multi-billion clinical data-points  
106,000 whole genomes



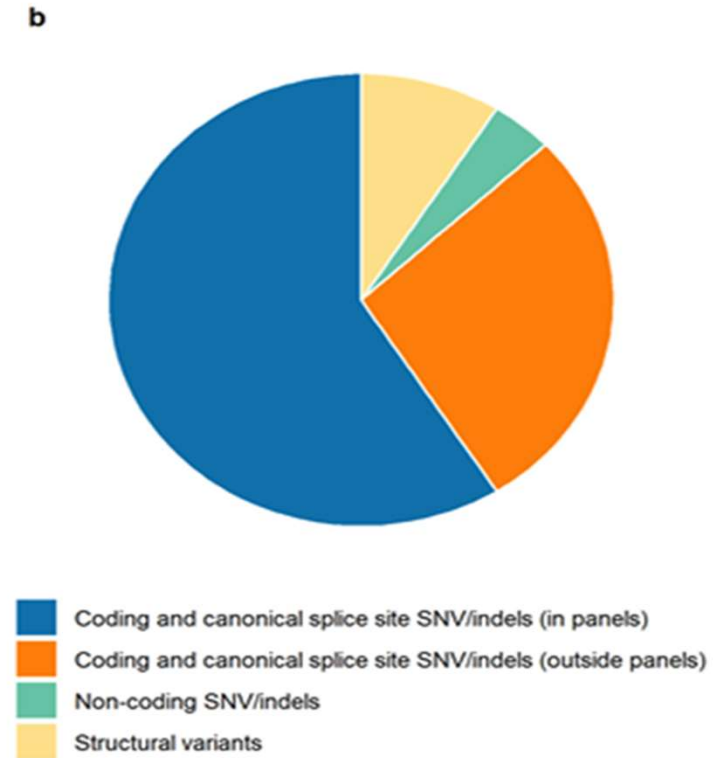
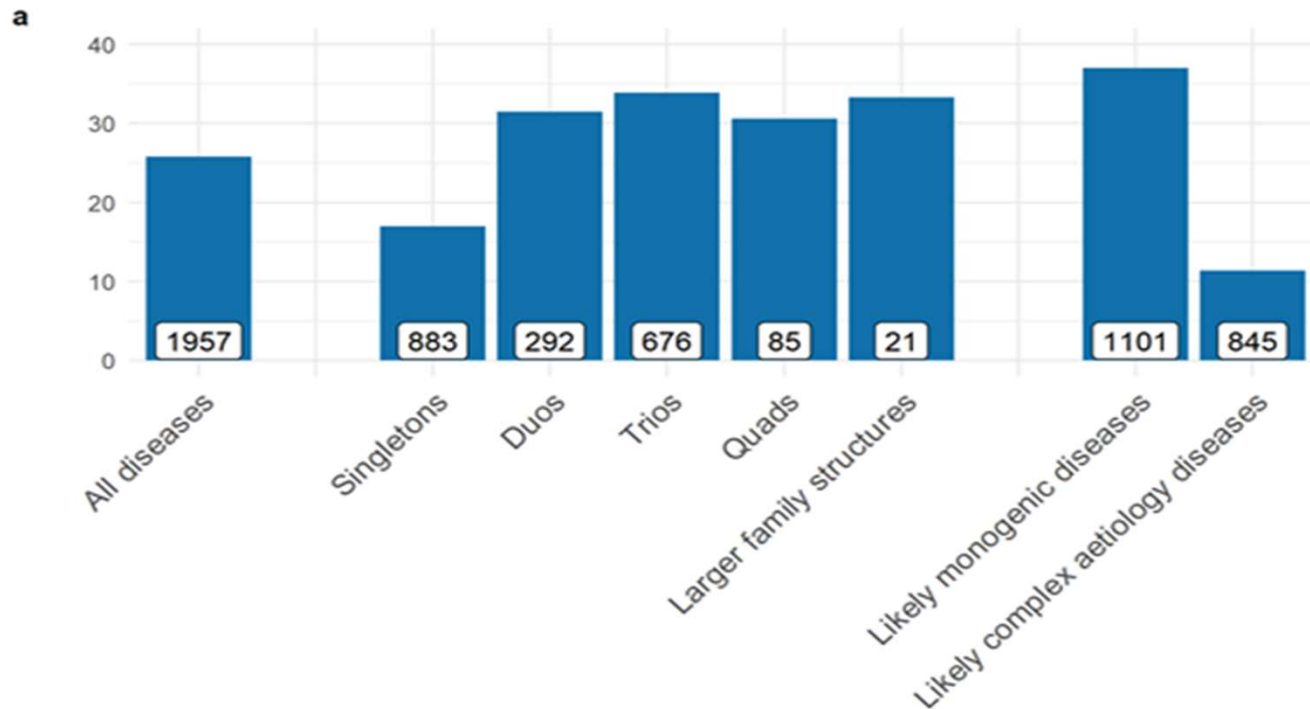
# Rare Inherited diseases

- <6% of the UK population 3 mi
- 3 million people in the UK
- 1200 disorders unmet need
- Standardised eligibility & phenotyping
- Human Phenotyping Ontology
- Automated analytics
- NHS confirm gene panels & close cases



# Rare Disease Diagnoses and Family Size

## 2183 families from 160 rare disease categories in 4660 people



# Application in the NHS

## 10 year old girl admitted to ITU with life threatening chicken pox

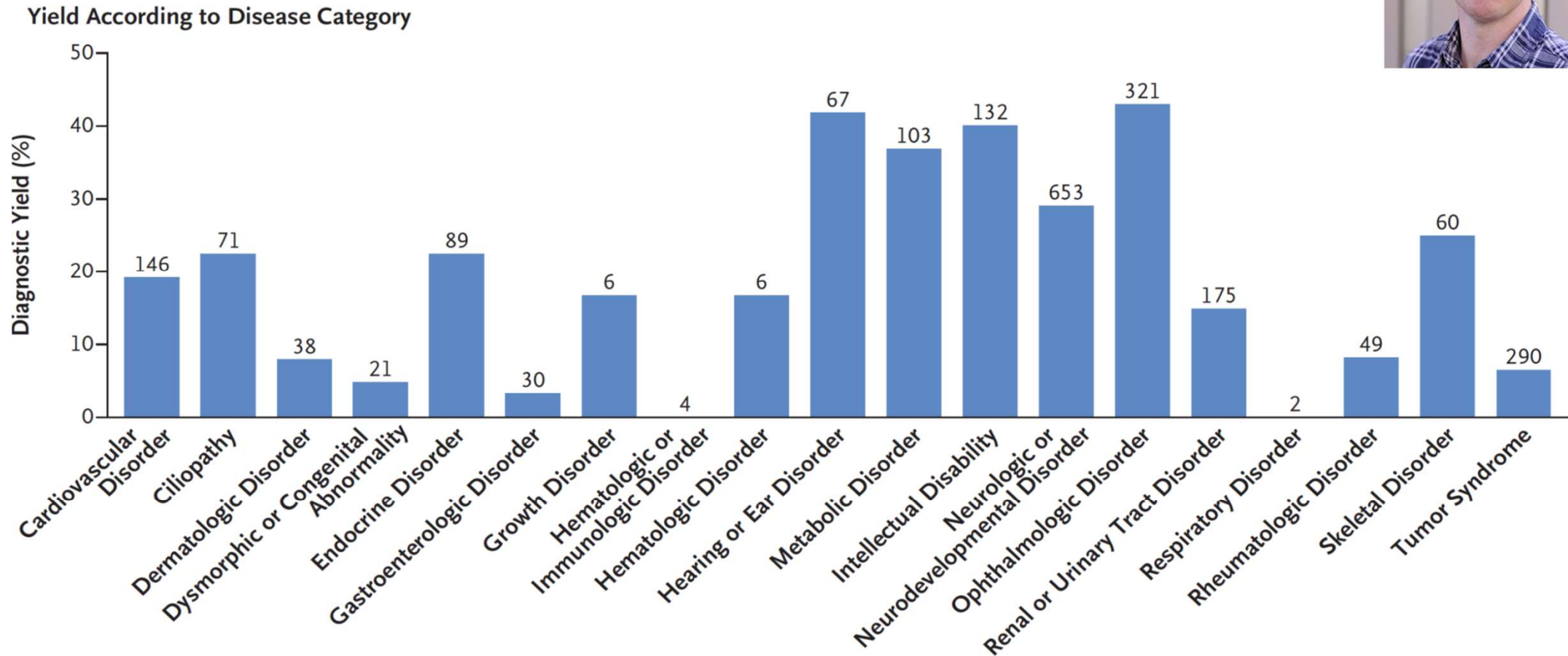
- Prior unusual severe infections. Detailed immune testing no diagnosis.
- Mutations in *CTP synthase 1* gene affects B and T lymphocyte responses to infection of both capsulated bacterial infection and viruses
- Curative bone marrow transplant- Siblings tested and not at risk of these infections
- *J Allergy Clin Immunol* 2016 Vol: 138: 6

## 4-year-old with anaemia, developmental delay and short stature

- Initial diagnosis Diamond Blackfan Anaemia
- Trio genome sequencing found a *de novo* mutation in *THRA*, (thyroid hormone receptor alpha)
- Thyroxine dose titrated to metabolic rate, not thyroid function tests;
- growth and general health have improved on treatment
- A further 7 families have now been diagnosed and treated
- <https://www.genomicsengland.co.uk/about-genomics-england/participant-stories>



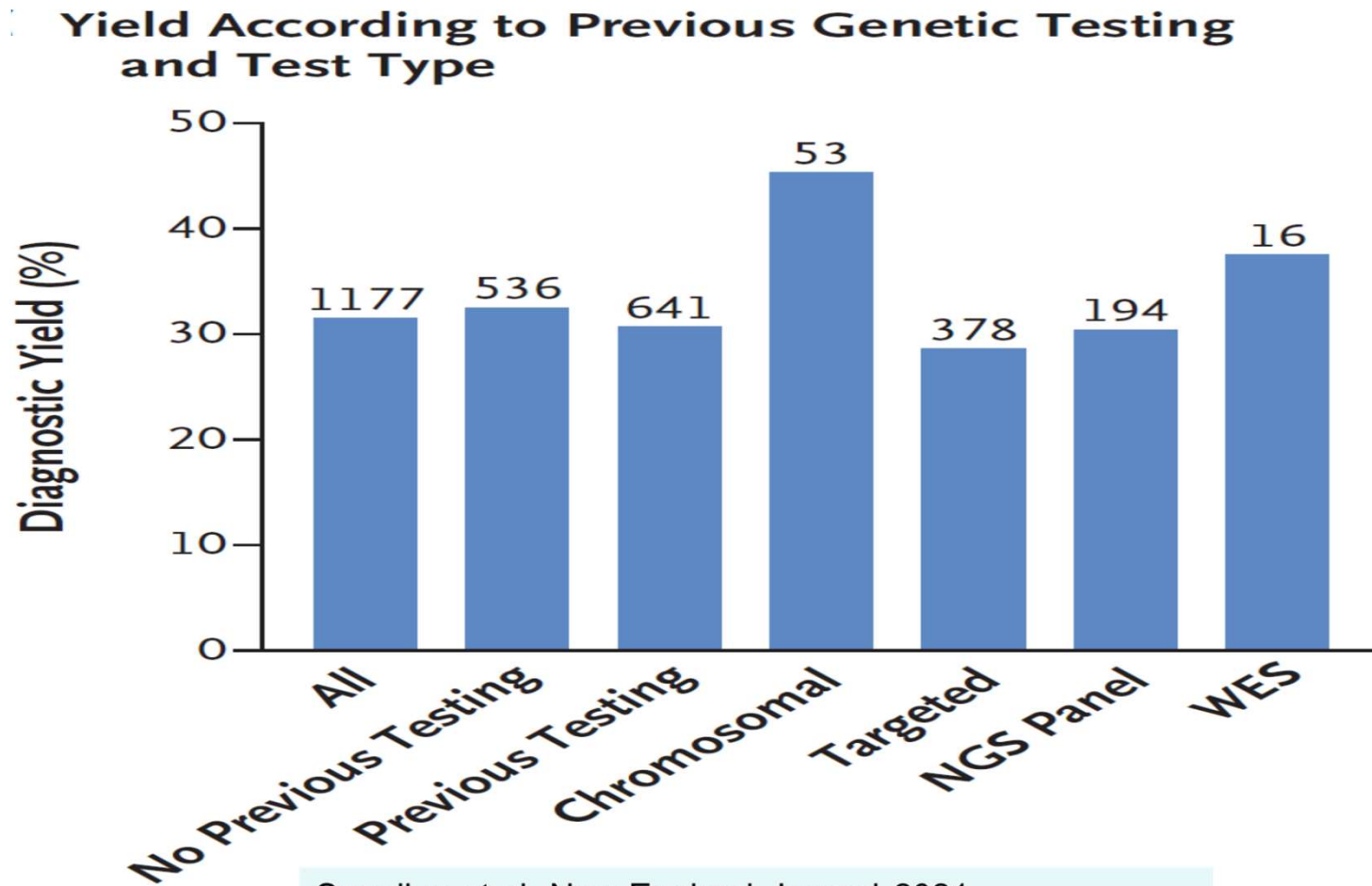
# 25% average diagnostic yield



Smedley et al, New England Journal 2021



## Diagnostic yield by WGS against no prior testing or prior testing

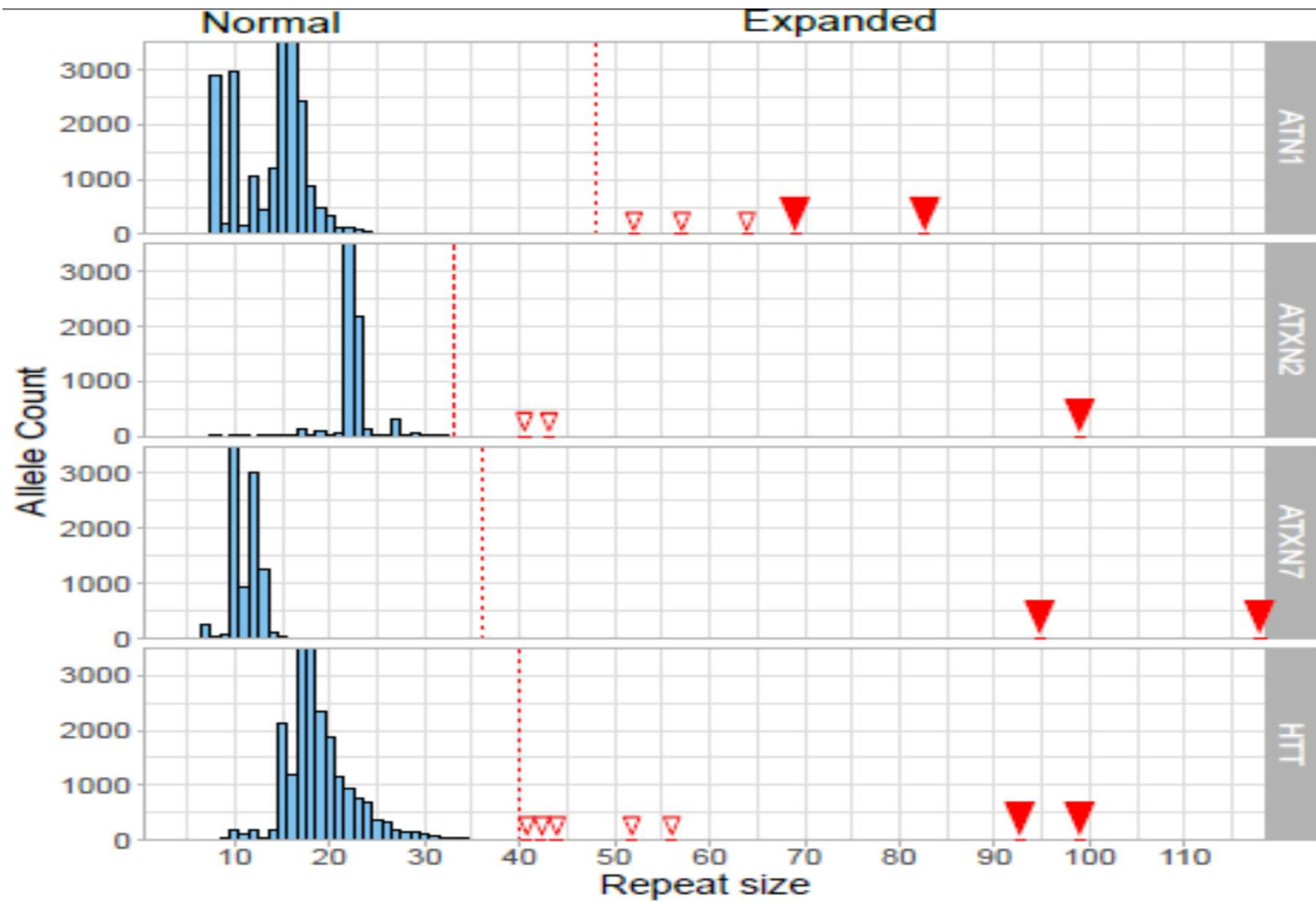


Smedley et al, New England Journal 2021

## Diagnostic odyssey of children born 2003 onward

- **Families spent 6 years** (median 75 months) attended a median of 68 hospital appointments prior to diagnosis
- Unaffected relatives attended a median of 18 appointments over 120 months from birth.
- Post-diagnosis over 18 months, fewer focused clinical episodes
- **Affected participants used 183,273** episodes of hospital care via the emergency department, outpatients, inpatients and critical care,
- **Cost £87 million** (median cost of £15,310 per participant)
- **Compared to 53,706 episodes at a cost of £21 million** (median cost of £4,285/participant) for the unaffected participants
- Not including visits to the family physician, or disease treatment costs.

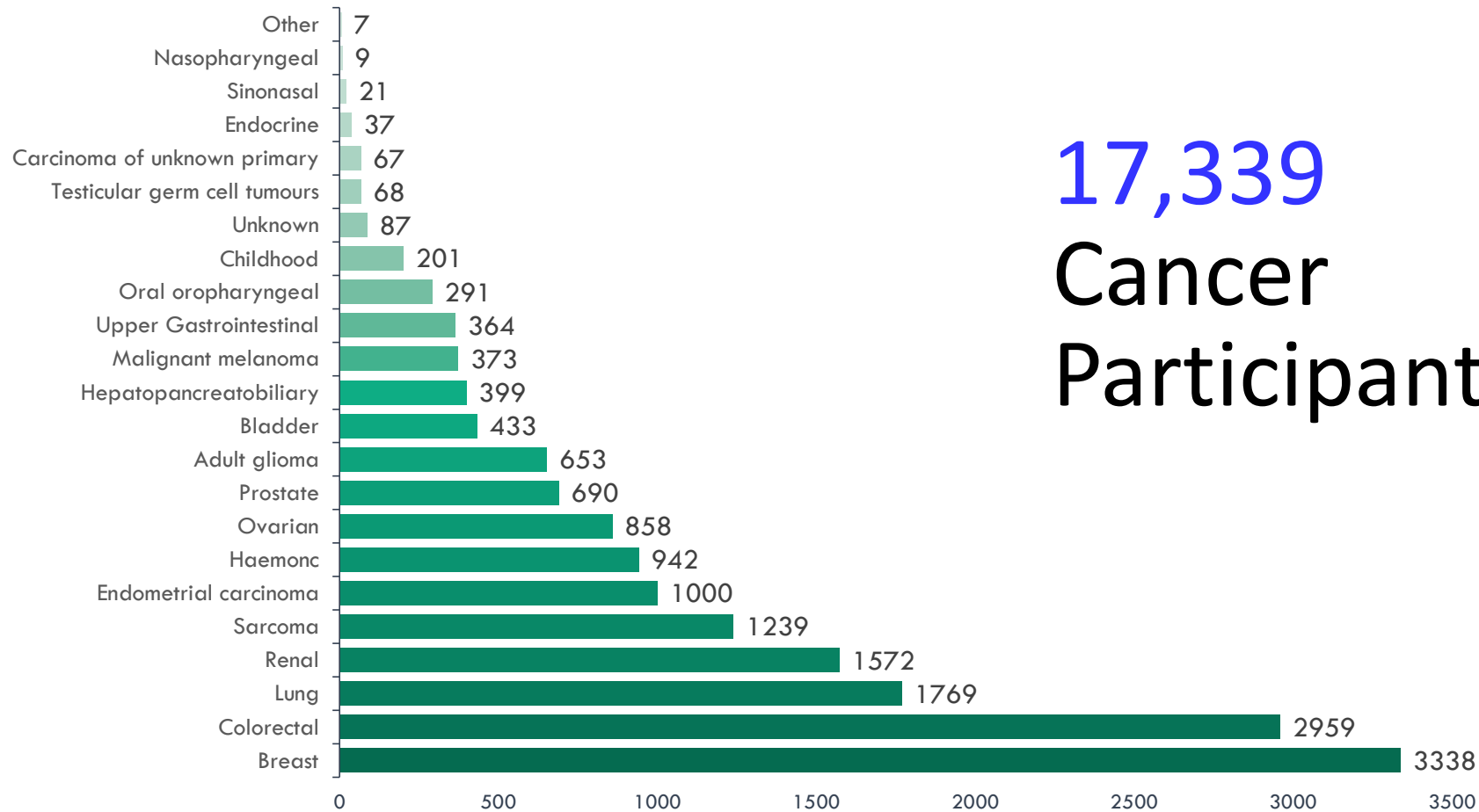
# Expansion Hunter for Repeat Expansion Disorders





# 100,000 Genomes Project: Cancer participants

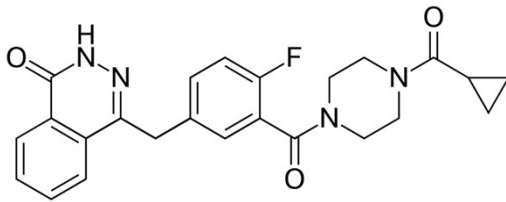
## Affects 1 in 2 people



17,339  
Cancer  
Participants

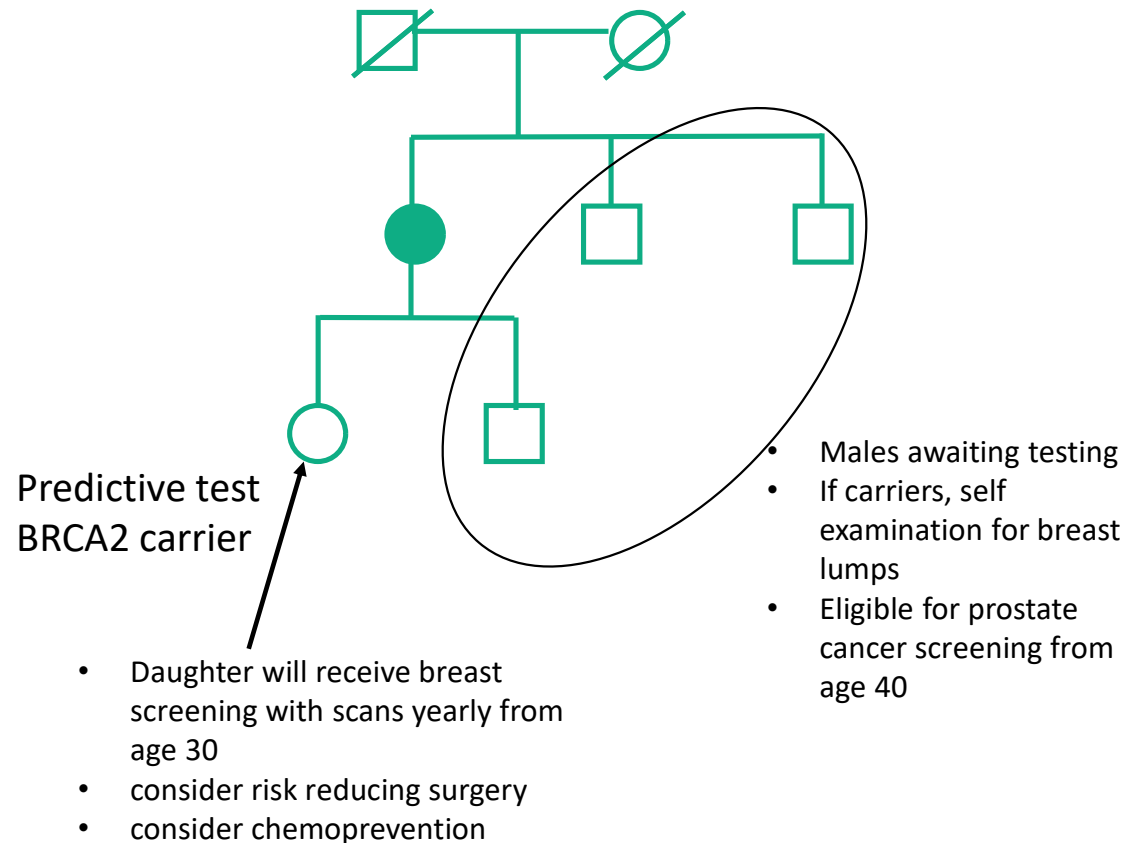
# Cancer Case: Implications of result

## For the patient



- Targeted therapy with Olaparib through clinical trial (OLYMPIA)
- 1-3/10 women develop ovarian cancer
- Offer risk reducing surgery
- 1 in 2 lifetime chance of left sided breast cancer – requires ongoing screening or consideration of risk reducing surgery

## For her family



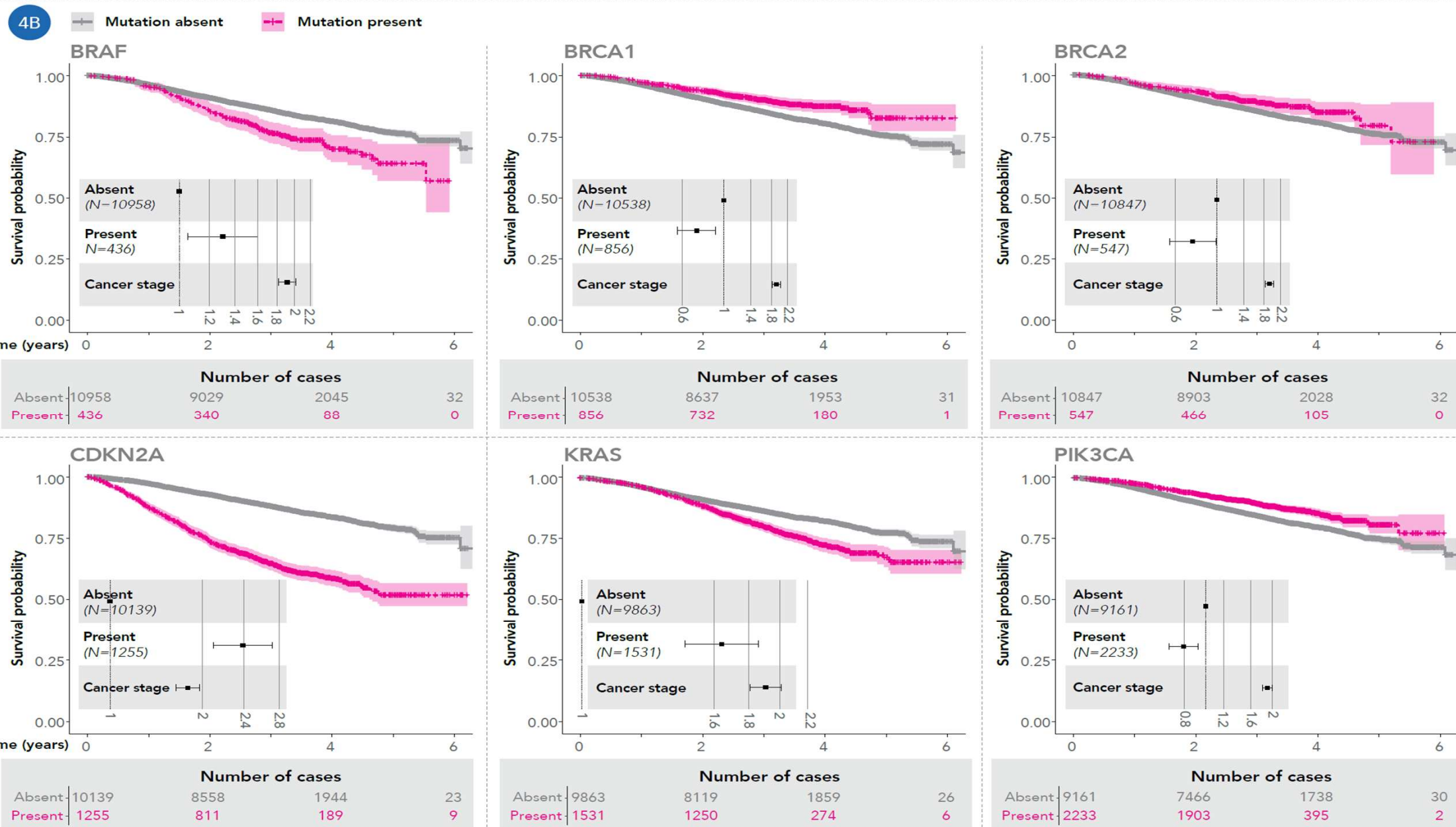
# 13,380 solid tumours with real-world treatment and outcome data



- UK cancer incidence has increased by approximately 4% over the past 10 years
- Glioblastoma multiforme – Somatic SNVs in 94% and CNVs in at least one gene in 58%
- Mutations in 20-49% of breast invasive carcinoma, ovarian high grade serous carcinoma, uterine endometrial, sarcoma, mesothelioma, bladder urothelial carcinoma and lung squamous cell carcinoma cases
- Sarcoma has the highest occurrence of actionable SVs (13%).
- Homologous recombination deficiency 40% of high-grade serous ovarian cancer cases
- <20% had mutations in pancreatic, prostate, oesophageal and stomach adenocarcinoma
- *PIK3CA* 2nd highest mutated gene in 19.8% of patients with uterine corpus endometrial carcinoma (53.5%), ovarian endometrioid adenocarcinoma (49.0%), breast invasive carcinoma (42.2%), uterine corpus endometrial serous carcinoma (38.1%) and colon adenocarcinoma (26.5%). ? clinical trials needed.
- 30% linked to pathogenic germline variants, highlighting need for combined analysis

Sosinsky et al, Nature Medicine January 2024





# Pharmacogenomics



Royal College  
of Physicians



BRITISH  
PHARMACOLOGICAL  
SOCIETY

## Personalised prescribing

Using pharmacogenomics to  
improve patient outcomes

A report from the Royal College of Physicians and  
British Pharmacological Society joint working party

Report of the  
**PGx**  
working party

# Frequency of PGX gene variants in whole genome sequences



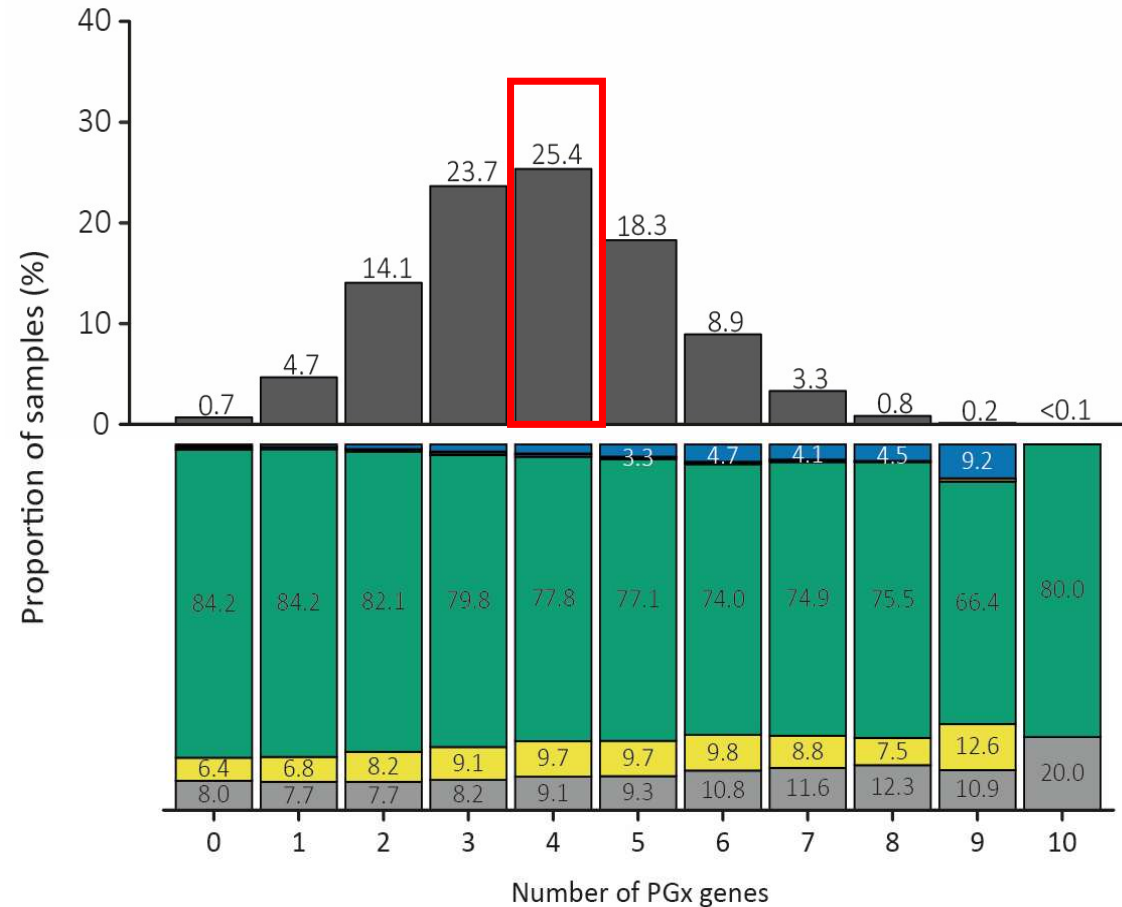
## Genomics England Cohort

Participants n = 76,805

- African = 1,916
- American = 173
- East Asian = 450
- European = 60,388
- South Asian = 7,019
- Mixed ancestry = 6,859

- ~99.5% of participants have haplotypes in at least 1 PGX gene.
- 25.4% participants have haplotypes in 4 PGX genes.
- Yellow Card Biobank – pancreatitis with GLP1 drugs

Distribution of number of PGx genes with dose recommendation per sample



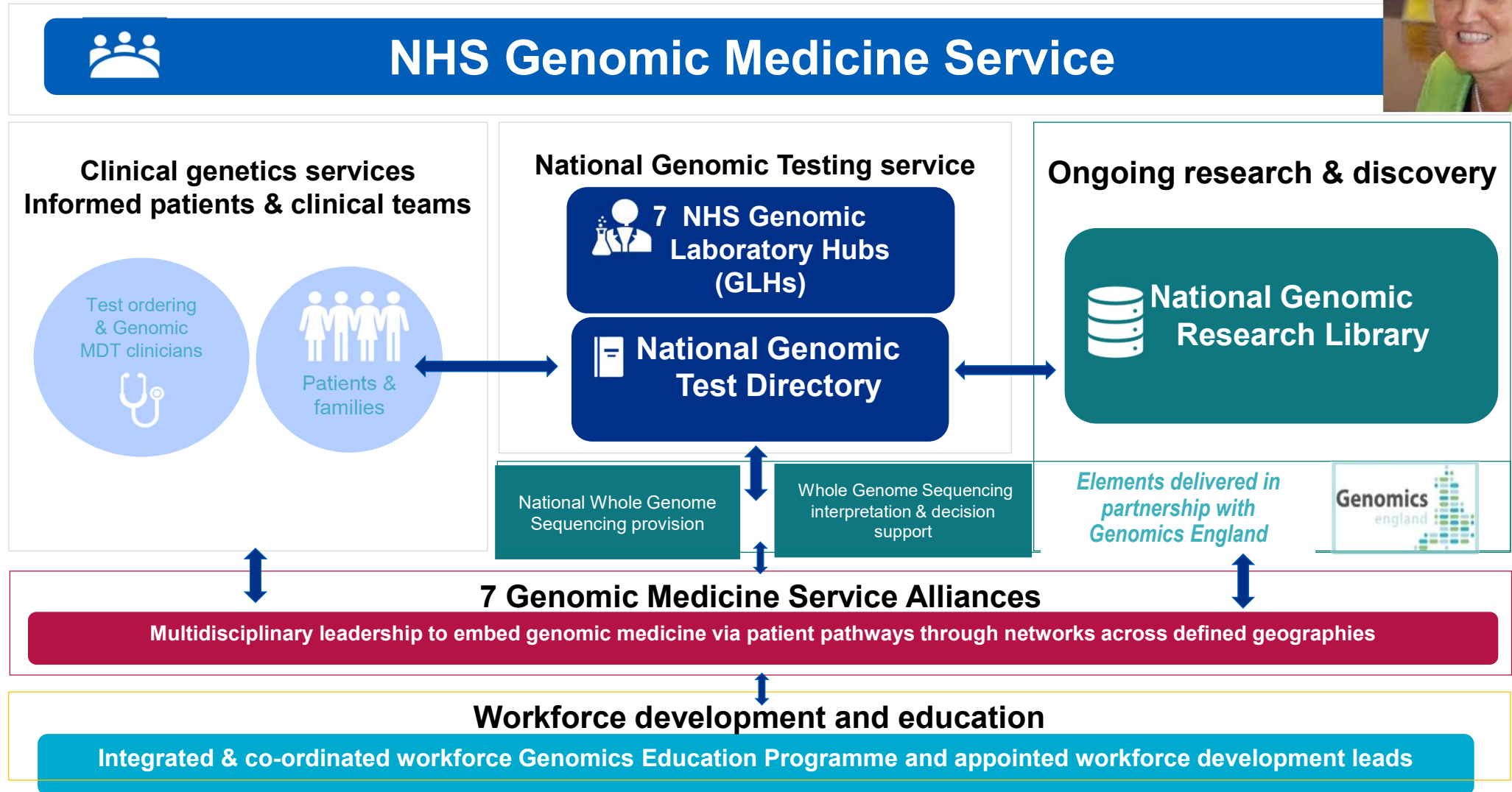
Ancestry

<span style="display:inline-block; width:15px; height:15px; background-color:blue; border:1px solid black;"></span> African	<span style="display:inline-block; width:15px; height:15px; background-color:orange; border:1px solid black;"></span> American	<span style="display:inline-block; width:15px; height:15px; background-color:lightblue; border:1px solid black;"></span> East Asian	<span style="display:inline-block; width:15px; height:15px; background-color:green; border:1px solid black;"></span> European	<span style="display:inline-block; width:15px; height:15px; background-color:yellow; border:1px solid black;"></span> South Asian	<span style="display:inline-block; width:15px; height:15px; background-color:grey; border:1px solid black;"></span> Mixed ancestry
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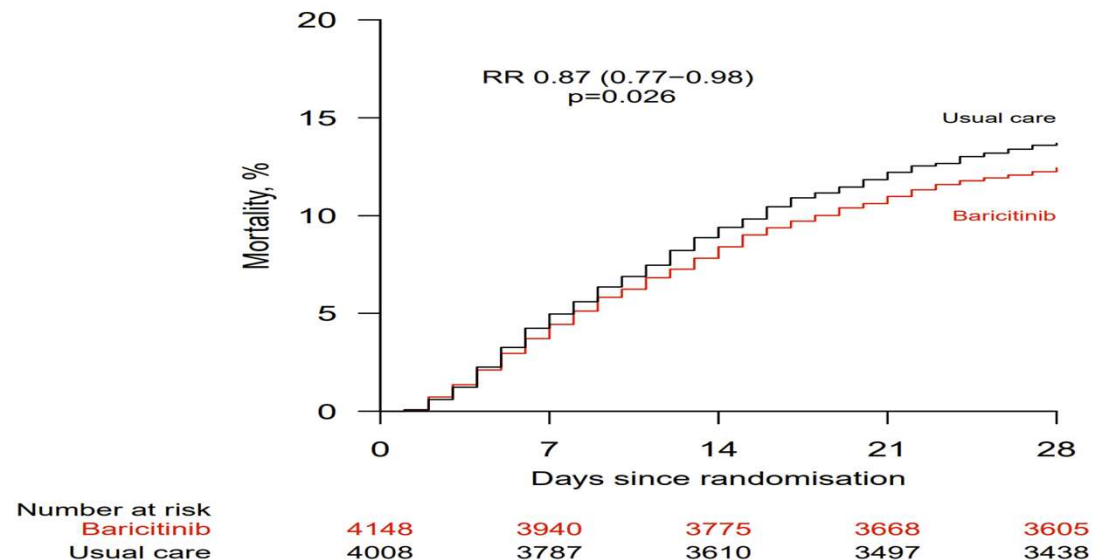


# NHS infrastructure



# Genetics of host response to COVID-19 in critical illness

- Host-mediated lung inflammation drives critical illness caused by COVID-19.
- Genome-wide association study in 2,244 critically ill patients with COVID-19 from 208 UK ITUs.
- Validated associations on Chr 12q24.13 OAS1, OAS2 and OAS3; 21q22.1 in the interferon receptor gene IFNAR2; Chr 19p13.3 in the gene that encodes dipeptidyl peptidase 9 (DPP9)
- Chr 19p13.2 near tyrosine kinase 2 (TYK2) targeted by Baricitinib;
- Helped the case for baricitinib in the RECOVERY Trial which reported 13% reduction of mortality and length of ITU stay when baricitinib is added to dexamethasone and tocilizumab in 2022



Nature 2021

Baillie et al, Nature 2020



# The GenOMICC study in Severe COVID

## The Study Design

7,491 severely ill COVID-19 from 224 UK intensive care units

compared with

48,400 unrelated controls from the 100,000 Genomes Project

validation in

The Host Genetics Initiative minus GenOMICC plus 23andme

TWAS and Mendelian Randomisation

Gene Burden Testing for rare variants cases v 100K

## The Results

- Genomewide significance adjusted for 2.26 M tests to a P value of  $2.2 \times 10^{-8}$
- 23 signals were GWS
- Validation by same direction of effect and P Value  $<0.002$
- 16 novel loci
- Transethnic GWAS – 3 signals in S. Asians
- *TRIM46*, *BC11A*, *LINCO1276*
- TWAS – multiple signals with significant fold changes in expression
- Gene burden – nothing v 6000 controls
- Two putative therapeutic targets

# Genome Analysis in Children

## ITU Rapid Genome Service Yield

- Neonates and children – extended up to 25 years of age
- Unexplained admission to Intensive Care or suspected rare disease
- Started as rapid exomes
- Now rapid whole genomes

## October 2019 - 2023

- >1000 cases plus a year
- 41% diagnostic yield

# The Generation Study

Focus on fully penetrant disorders in 100,000 Newborns in the NHS  
Identify treatable rare diseases in 500-1000 babies early



Database identified 639 disorders present in childhood with a treatment  
circa 1:190 births. Start with 208 conditions caused by 468 genes

702,680 live births in the UK in 2022

3,698 children born/ year with a treatable rare disease (10 babies born every day)

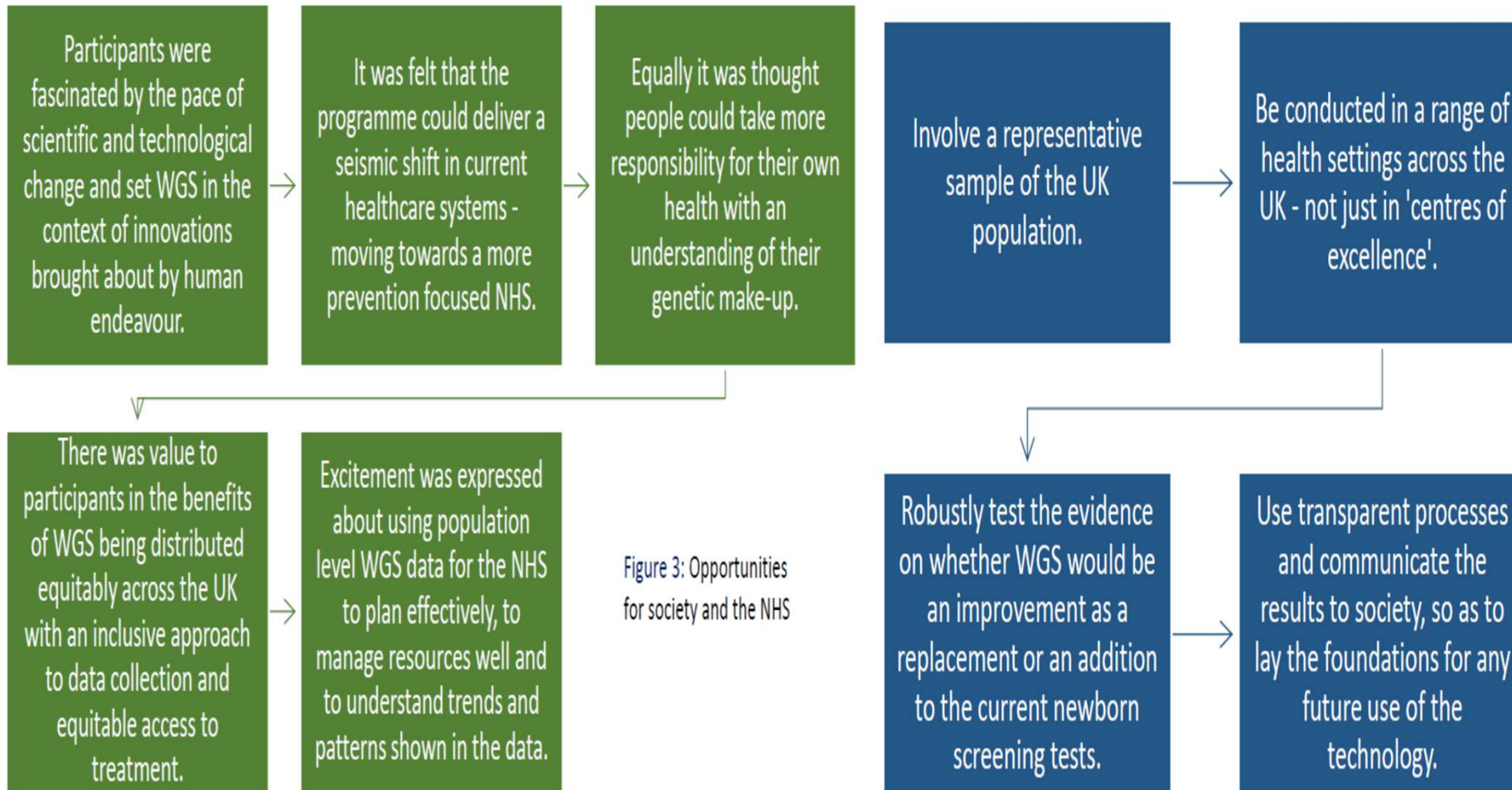
Where treatment has impacts on outcomes within five years of birth, the estimated  
funds released are between £360,323 and £1,441,292,

Quality adjusted life year gains of 16.8 and 40.3 QALYs per child diagnosed.

2021 – Department of Health funded whole genome sequencing of 100,000  
Newborns with £100 million

<https://www.genomicsengland.co.uk/news/genomics-england-announces-list-of-rare-conditions-to-be-included-in-world-leading-research-study>

# Public Dialogue on Newborn screening



# The Generation Study

12,840 Newborns  
35 Diagnoses returned  
Confirmatory testing  
1 in 250 cases  
Revised 2 week sequencing  
Recall for research  
Testing for adult conditions  
BabySeq2, Harvard  
BeginNGS, Rady  
GUARDIAN study, Columbia  
ScreenPlus, Albert Einstein  
EarlyCheck2, North Carolina

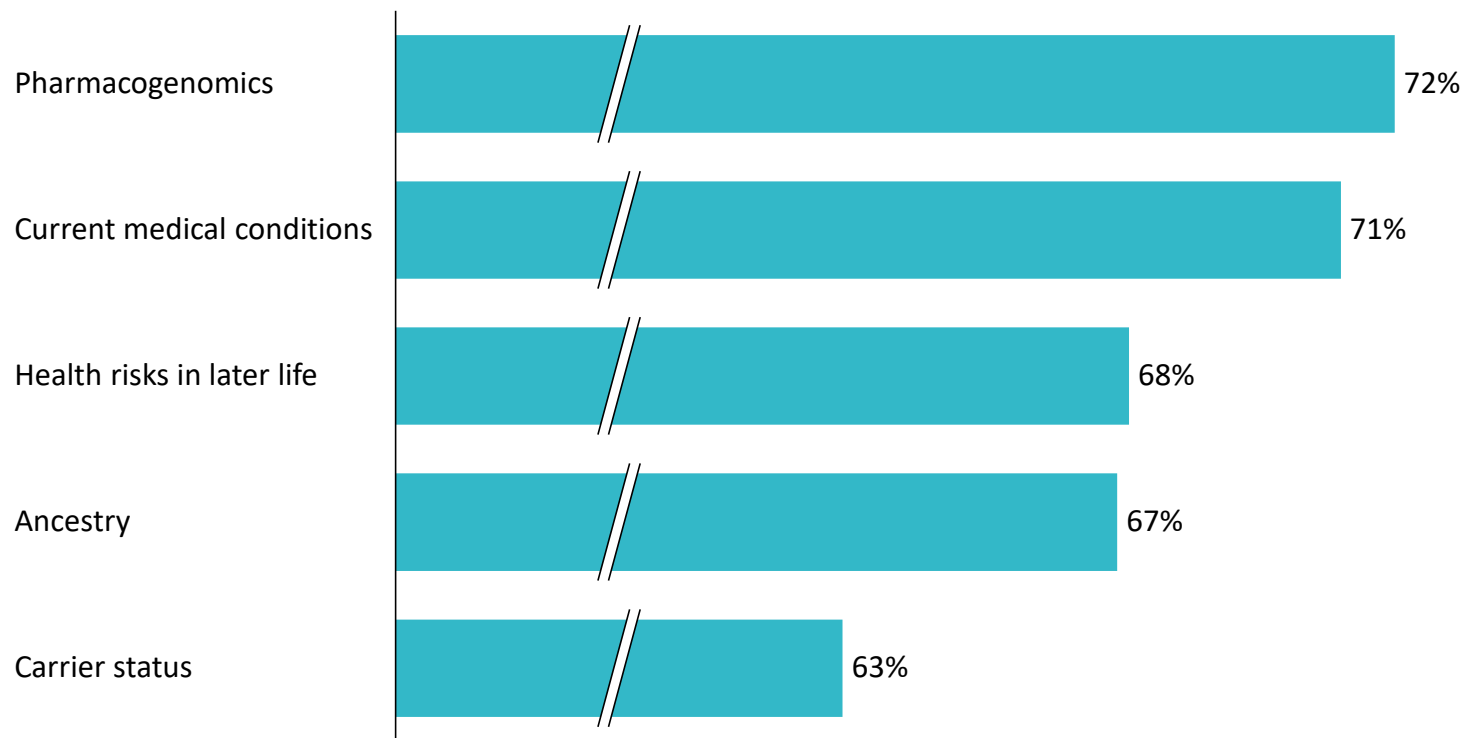
GENE	CONDITION
DUOX2 – 2 cases	Thyroid dysmorphogenesis
POMC	Obesity, adrenal insufficiency, and red hair due to POMC deficiency
NR3C2 – 2 cases	Pseudohypoaldosteronism type I, autosomal dominant, 1 confirmed
RB1	Retinoblastoma
GH1	Isolated growth hormone deficiency type II, autosomal dominant
OTC	Ornithine transcarbamylase deficiency
INS	INS related neonatal diabetes

The Department of Health and Social Security Announced £650 million over 10 years to extend the Newborn Study and to include genomic prevention strategies for children's, adults & Pharmacogenomics



# Public survey showed significant interest in receiving personalised genomic results as Genomic Volunteers

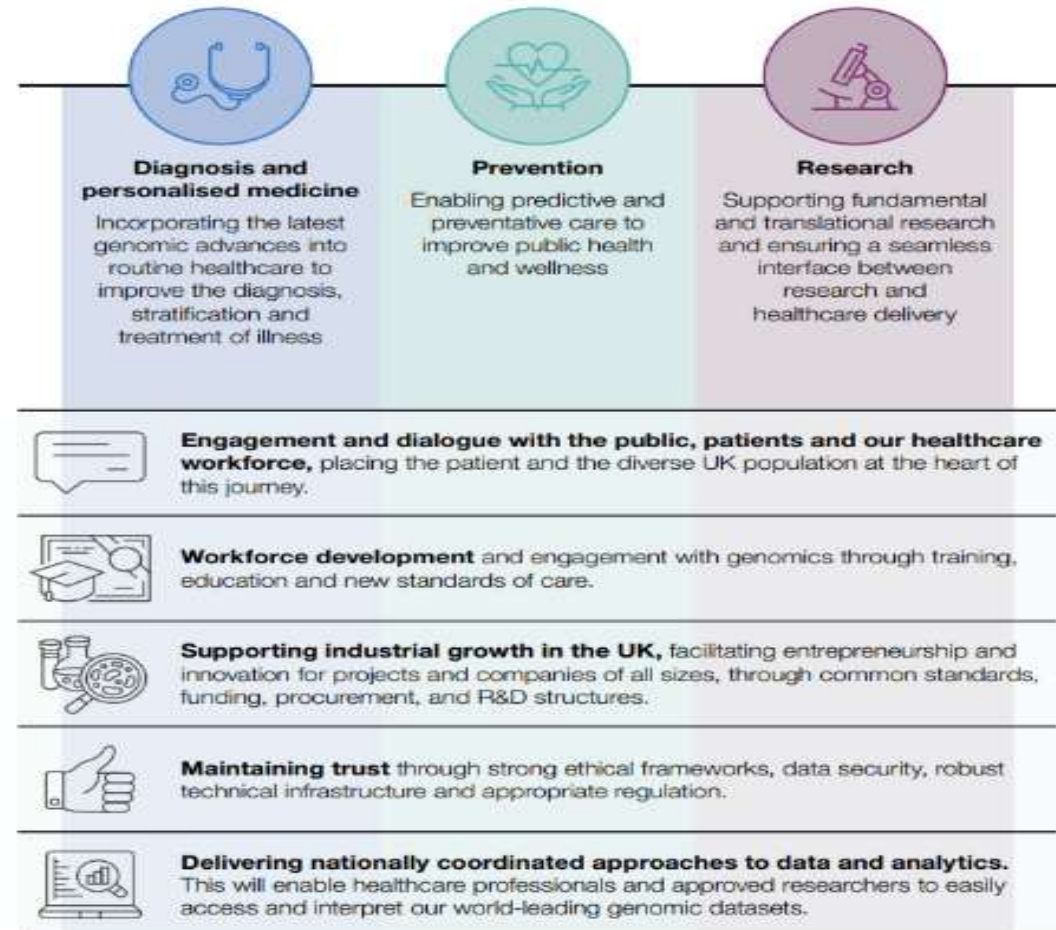
Proportion of respondents interested in personally receiving specific genomic results



Source: Ipsos-Mori survey of the public perspectives of genomic volunteers. Electronic survey of 1,866 people (selected to be a representative sample of adults aged 16 – 75 across England)

# GENOME UK – The future of healthcare (2020)

- Sets out how the UK genomics community – from **researchers through to the NHS** – will harness the latest advances in genomic science, research and technology for the benefit of patients, **to create the most advanced genomic healthcare system in the world**
- It will drive improvements in healthcare for patients, **reducing boundaries between clinical care and research**, and deliver innovation in the UK. Unites the genomics community behind a **shared vision** for the future of the system



## Transforming the future genomic medicine service



The National Health Service is creating:

- A National Genomic Medicine Service potential for consistent & equitable care for 56 million population
- Operating to common national standards, specifications & protocols
- Standardised genomic consent for NHS care and Research
- An annually reviewed National Test Directory - single gene to WGS
- Building a single UK Genomic Research Library to which 96% consent
- De-identified data for academic, NHS & industry research
- Newborn study extended with £650 million for childrens, adults and Pharmacogenomics
- The future is a global coalition of intellects driving genomics into healthcare and our goal is for the UK to be at the heart of that





# Thank you to everyone who has taken part in the 100,000 Genomes Project



- Damian Smedley Ph.D.<sup>1,2,\*</sup>, Katherine R Smith Ph.D.<sup>1,2,\*</sup>, Antonio Rueda Martin M.Sc.<sup>1,\*</sup>, Ellen A Thomas M.D.<sup>1,\*</sup>, Ellen M McDonagh Ph.D.<sup>1,3,\*</sup>, Valentina Cipriani Ph.D.<sup>2,4,5,6,\*</sup>, Jamie M Ellingford Ph.D.<sup>7,8,\*</sup>, Gavin Arno Ph.D.<sup>4,5,\*</sup>, Arianna Tucci M.D.<sup>1,2,\*</sup>, Jana Vandrovcova Ph.D.<sup>9,\*</sup>, Georgia Chan Ph.D.<sup>1,\*</sup>, Hywel J Williams Ph.D.<sup>10,11,\*</sup>, Thiloka Ratnaike MBBS, Ph.D.<sup>12,13,14</sup>, Wei Wei Ph.D.<sup>12,13</sup>, Kathleen Stirrups Ph.D.<sup>15,16</sup>, Kristina Ibanez Ph.D.<sup>1</sup>, Loukas Moutsianas Ph.D.<sup>1,2</sup>, Matthias Wielscher Ph.D.<sup>1</sup>, Anna Need Ph.D.<sup>1</sup>, Michael R Barnes Ph.D.<sup>2</sup>, Letizia Vestito M.Sc.<sup>17,18,19</sup>, James Buchanan D.Phil.<sup>20,21</sup>, Sarah Wordsworth Ph.D.<sup>20,21</sup>, Sofie Ashford B.Sc.<sup>15</sup>, Karola Rehmstrom Ph.D.<sup>22</sup>, Emily Li Ph.D.<sup>22</sup>, Gavin Fuller MMedSci<sup>23</sup>, Philip Twiss M.Sc.<sup>23</sup>, Olivera Spasic-Boskovic M.Sc.<sup>23</sup>, Sally Halsall Ph.D.<sup>23</sup>, R. Andres Floto M.D., Ph.D.<sup>22</sup>, Kenneth Poole M.D., Ph.D.<sup>22,23</sup>, Annette Wagner M.D., Ph.D.<sup>23</sup>, Sarju G Mehta M.D.<sup>23</sup>, Mark Gurnell M.D., Ph.D.<sup>24</sup>, Nigel Burrows M.D.<sup>23</sup>, Roger James Ph.D.<sup>15</sup>, Christopher Penkett D.Phil.<sup>15,16</sup>, Eleanor Dewhurst B.A.<sup>15</sup>, Stefan Gräf Ph.D.<sup>15,25,16</sup>, Rutendo Mapeta B.Sc.<sup>15,16</sup>, Mary Kasanicki Ph.D.<sup>15,23</sup>, Andrea Haworth M.Sc. FRCPath<sup>26</sup>, Helen Savage M.Sc., DipRCPPath<sup>26</sup>, Melanie Babcock Ph.D.<sup>27</sup>, Martin G Reese Ph.D.<sup>27</sup>, Mark Bale<sup>1</sup>, Emma Baple MBBS, Ph.D.<sup>1,28,29</sup>, Christopher Boustred Ph.D.<sup>1</sup>, Helen Brittain M.D.<sup>1</sup>, Anna de Burca MBBS, PhD<sup>30</sup>, Marta Bleda Ph.D.<sup>1</sup>, Andrew Devereau Ph.D.<sup>1</sup>, Dina Halai M.Sc.<sup>1</sup>, Eik Haraldsdottir M.Sc.<sup>1</sup>, Zerin Hyder M.D.<sup>1,8</sup>, Dalia Kasperaviciute Ph.D.<sup>1,2</sup>, Christine Patch Ph.D.<sup>1</sup>, Dimitris Polychronopoulos Ph.D.<sup>1</sup>, Angela Matchan M.Sc.<sup>1</sup>, Razvan Sultana Ph.D.<sup>1</sup>, Mina Ryten M.D., Ph.D.<sup>1,31,18,32</sup>, Ana Lisa Taylor Tavares MBBS<sup>1</sup>, Carolyn Tregidgo Ph.D.<sup>1</sup>, Clare Turnbull M.D., Ph.D.<sup>1,33</sup>, Matthew Welland M.Sc.<sup>1</sup>, Suzanne Wood M.Sc.<sup>1,2</sup>, Catherine Snow Ph.D.<sup>1</sup>, Eleanor Williams Ph.D.<sup>1</sup>, Sarah Leigh Ph.D.<sup>1</sup>, Rebecca E Foulger Ph.D.<sup>1</sup>, Louise C Daugherty M.Sc.<sup>1</sup>, Olivia Niblock M.Sc.<sup>1</sup>



- Ivone U.S. Leong Ph.D.<sup>1</sup>, Caroline F Wright Ph.D.<sup>1,28</sup>, Jim Davies D.Phil.<sup>21</sup>, Charles Crichton B.A.<sup>21</sup>, James Welch B.A.<sup>21</sup>, Kerrie Woods B.A.<sup>21</sup>, Lara Abulhoul M.D.<sup>34</sup>, Paul Aurora MRCP, Ph.D.<sup>35</sup>, Detlef Bockenhauer M.D.<sup>17,36</sup>, Alexander Broomfield M.D.<sup>17</sup>, Maureen A Cleary M.D.<sup>17</sup>, Tanya Lam MBBS, MPH<sup>17</sup>, Mehul Dattani FRCP<sup>18,37</sup>, Emma Footitt Ph.D.<sup>17</sup>, Vijeya Ganesan M.D.<sup>17</sup>, Stephanie Grunewald M.D., Ph.D.<sup>34,38</sup>, Sandrine Compeyrot-Lacassagne M.D.<sup>17,38</sup>, Francesco Muntoni M.D.<sup>17,38</sup>, Clarissa Pilkington MBBS<sup>17,38</sup>, Rosaline Quinlivan M.D.<sup>17</sup>, Nikhil Thapar M.D., Ph.D.<sup>39,40</sup>, Colin Wallis M.D.<sup>17</sup>, Lucy R Wedderburn FRCP, Ph.D.<sup>17,35,38</sup>, Austen Worth M.D.<sup>17</sup>, Teofila Bueser M.Sc.<sup>32,41</sup>, Cecilia Compton M.Sc.<sup>32</sup>, Charu Deshpande MRCPCH<sup>32</sup>, Hiva Fassihi FRCP<sup>42</sup>, Eshika Haque M.Sc.<sup>32</sup>, Louise Izatt Ph.D.<sup>32</sup>, Dragana Josifova M.D.<sup>32</sup>, Shehla Mohammed FRCP<sup>32</sup>, Leema Robert MRCPCH<sup>32</sup>, Sarah Rose M.Sc.<sup>32</sup>, Deborah Ruddy Ph.D.<sup>32</sup>, Robert Sarkany FRCP<sup>42</sup>, Genevieve Say M.Sc.<sup>32</sup>, Adam C Shaw M.D.<sup>32</sup>, Agata Wolejko M.Sc.<sup>43</sup>, Bishoy Habib B.Sc.<sup>43</sup>, Gavin Burns Ph.D.<sup>43</sup>, Sarah Hunter M.Sc.<sup>43</sup>, Russell J Grocock Ph.D.<sup>43</sup>, Sean J Humphray B.Sc.<sup>43</sup>, Peter N Robinson M.D.<sup>44</sup>, Melissa Haendel Ph.D.<sup>45</sup>, Michael A Simpson Ph.D.<sup>46</sup>, Siddharth Banka M.D., Ph.D.<sup>7,8</sup>, Jill Clayton-Smith FRCP<sup>7,8</sup>, Sofia Douzgou FRCP, Ph.D.<sup>7,8</sup>, Georgina Hall M.Sc.<sup>7,8</sup>, Huw B Thomas Ph.D.<sup>7</sup>, Raymond T O'Keefe Ph.D.<sup>7</sup>, Michel Michaelides FRCOphth<sup>5,4</sup>, Anthony T Moore FRCOphth<sup>5,4,47</sup>, Sam Malka B.Sc.<sup>5,4</sup>, Nikolas Pontikos Ph.D.<sup>5,4</sup>, Andrew C Browning M.D., Ph.D.<sup>48</sup>, Volker Straub M.D., PhD<sup>49</sup>, Gráinne S Gorman FRCP, Ph.D.<sup>50,51,52</sup>, Rita Horvath M.D., PhD<sup>50,12</sup>, Richard Quinton M.D.<sup>53,54</sup>, Andrew M Schaefer MRCP<sup>50,51</sup>, Patrick Yu-Wai-Man FRCOphth, Ph.D.<sup>55,13,56</sup>, Doug M Turnbull FMedSci, FRS<sup>50,51,52</sup>, Robert McFarland MRCPCH, Ph.D.<sup>50,51</sup>, Robert W Taylor FRCPATH, Ph.D.<sup>50,51</sup>, OConnor Emer M.D.<sup>9</sup>, Yip Janice MRes<sup>9</sup>, Newland Katrina M.Sc.<sup>9</sup>, Huw R Morris FRCP, Ph.D.<sup>9</sup>, James Polke FRCPATH, Ph.D.<sup>9</sup>, Nicholas W Wood Ph.D., FMedSci<sup>9,6</sup>,

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